## HSSA& 101: Introduction to Addictive Drugs

## Credits 5

## **Quarter Offered Fall**

Definitions of alcohol and other drug use and abuse; alcoholism and other addictions; history and types of chemical dependency; impact on individual, family, and society. This class may include students from multiple sections. (Elective)

## **Course Outcomes**

Define addiction as a disease in a whole-person (holistic) perspective.

Discuss between various kinds of addiction.

Identify basic facts regarding the impact of addiction on the individual, family and society.

Report symptoms of addiction and identify those affected.

Explain family dynamics/co-dependency concepts in regard to addiction.

List various support systems for recovery.