

HSSA 140 : Group Counseling

Credits 5

Quarter Offered Spring

Theory and therapy models common to rehabilitation of chemically dependent through group process. [HSSA&101](#), [HSSA 105](#) and [HSSA 115](#) is recommended. This class may include students from multiple sections.

Course Outcomes

- Define stages of group process.

- Define group therapy.

- Apply awareness of Motivational Interviewing as a treatment modality.

- List therapy models for counseling the addicted population.

- Demonstrate dynamics of group facilitation.

- Compose personalized reflection of subject matter on group therapy model of choice.