HSSA 140 : Group Counseling

Credits 5

Quarter Offered Spring

Theory and therapy models common to rehabilitation of chemically dependent through group process. <u>HSSA&</u> 101, <u>HSSA 105</u> and <u>HSSA 115</u> is recommended. This class may include students from multiple sections.

Course Outcomes

Define stages of group process.

Define group therapy.

Apply awareness of Motivational Interviewing as a treatment modality.

List therapy models for counseling the addicted population.

Demonstrate dynamics of group facilitation.

Compose personalized reflection of subject matter on group therapy model of choice.