

# PSYC 141 : Psychosocial Issues in Healthcare I

**Credits** 3

**Quarter Offered** Fall

Psychosocial Issues in Healthcare I examines determinants of health and illness including social, psychological, environmental, spiritual, and cultural dimensions across the lifespan and within the context of health care. This class may include students from multiple sections.

**Prerequisites**

Nursing Program Admittance

**Course Outcomes**

- Identify the influences of ethnicity, culture, and spiritual/religious beliefs to health practices.
- Identify one's own psychosocial-spiritual-cultural beliefs, values and biases.
- Discuss evidence of health disparities among racial, ethnic, gender, and socioeconomic groups.
- Discuss concepts of self-care.
- Discuss principles of teaching, learning and behavioral change in the context of health and wellness.
- Apply the nursing process to the concept of stress, grief, bereavement, and end of life care.
- Identify ways to collaborate with other members of the healthcare team to meet a client's psychosocial needs.
- Apply communication and teaching concepts in developing helping relationships with individuals, families, and groups.