

# BHAV 321 : Overview of Behavioral Health Disorders

**Credits** 5

**Quarter Offered** Fall

This course offers students the opportunity to learn about various aspects of common behavioral health disorders. Students will develop the ability to identify behavioral health issues including anxiety, depression, bipolar, psychotic disorders, substance use disorders, childhood disorders and other disorders within the DSM-5-TR. This course will examine the relationship between knowledge and skills necessary to conduct systematic and culturally sensitive assessments, intervention and treatment recommendations. Reviewing evidence-based interventions, students survey the range of effective and promising treatments for common mental health disorders. This class may include students from multiple sections. (Social Sciences)

Must be seeking a Bachelor of Applied Science in Behavioral Healthcare degree to enroll. If interested, visit [pencol.edu/bas](http://pencol.edu/bas)

**Prerequisites**

Behavioral Healthcare BAS Program Admittance

**Course Outcomes**

Define the terms behavioral health, mental disorder, and abnormal behavior.

Demonstrate the ability to carry out a brief behavioral health screen, navigate and access the psychiatric behavioral health system, and communicate with behavioral health providers across the treatment continuum.

Illustrate how to recommend outpatient, crisis and inpatient treatment.

Discuss the use of Diagnostic and Statistical Manual of Mental Disorders (DSM) when working with specific populations.

Identify and explain the concept of functional impairment.

Illustrate understanding of how to assess risk.