

BHAV 320 : Social and Cultural Diversity in Behavioral Health

Credits 5

Quarter Offered Winter

This course examines how cultural, biological, and social diversity affect thought and behavior. It presents current theories and practices for working with diverse populations in the behavioral health field and fosters the understanding and application of cultural diversity, cultural competency, self-awareness, social justice, and advocacy. This class may include students from multiple sections.

Must be seeking a Bachelor of Applied Science in Behavioral Healthcare degree to enroll. If interested, visit pencol.edu/bas

Prerequisites

Behavioral Healthcare BAS Program Admittance

Course Outcomes

Describe how culture, cultural identity, and intersectionality are related to behavioral health and behavioral healthcare.

Explain how culture and stigma can influence help-seeking behaviors.

Analyze the impacts of local, state, and national public policies on the quality and accessibility of behavioral health services.

Examine how one's own social statuses, culture-bound worldviews, assumptions, biases, and experiences influence counseling interactions.

Demonstrate the ability to modify counseling theories, techniques, and interventions to make them culturally appropriate for diverse populations.

Describe how oppression, power, privilege, racism, and discrimination impact clients of diverse populations and the therapeutic relationship.

Examine strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination.

Demonstrate comprehension of the multi-faceted aspects of gender, gender identity, and sexuality.