

BHAV 430 : Trauma-Informed Care

Credits 5

Quarter Offered Spring

This course offers an overview of the various types of trauma and the impact they have on individuals, couples, families, and communities. Students who complete the course will gain the knowledge, skills and dispositions required by behavioral health professionals to utilize trauma-informed intervention and treatment principles and successfully assist in a time of crisis. This class may include students from multiple sections.

Must be seeking a Bachelor of Applied Science in Behavioral Healthcare degree to enroll. If interested, visit pencol.edu/bas

Prerequisites

Behavioral Healthcare BAS Program Admittance

Course Outcomes

- Summarize specific intervention and treatment principles that guide clinicians, other behavioral health workers, and administrators in becoming trauma-informed and in creating a trauma-informed organization and workforce
- Delineate types of trauma; distinguish among traumas that affect individuals, groups, and communities; describe trauma characteristics; and address the socioecological and cultural factors that influence the impact of trauma
- Evaluate the impact of trauma, trauma-related stress reactions and associated symptoms, and common behavioral health and substance use disorders associated with trauma
- Delineate screening and assessment processes and tools that are useful in evaluating trauma exposure, its effects, and client intervention and treatment needs
- Evaluate clinical issues that counselors and other behavioral health professionals may need to know and address when treating clients who have histories of trauma
- Evaluate specific treatment models for trauma, distinguishing integrated models (which address substance use disorders, mental disorders, and trauma simultaneously) from those that treat trauma alone
- Evaluate programmatic and administrative practices that will help behavioral health program administrators increase the capacity of their organization to deliver trauma-informed services
- Illustrate how trauma and substance abuse are related
- Describe the concepts of secondary and vicarious trauma