

# HSSA 136 : Relapse Prevention

**Credits** 3

**Quarter Offered** Spring

Familiarization with symptoms, warning signs, and high-risk factors involved in relapse process, with emphasis on recovery, family-of-origin issues, relationships, self-care, and interdependence. This class may include students from multiple sections.

**Course Outcomes**

Define relapse as a part of and process in regard to recovery.

Identify the symptoms, warning signs, and high-risk factors involved in the relapse process.

Evaluate stress and relapse.

Review medication assisted treatments for alcohol and opiate use disorders.