

NUTR 121 : Nutrition in Healthcare I

Credits 3

Quarter Offered Fall

Nutrition in Healthcare I provides an introduction to nutritional concepts in healthcare with a focus on holistic assessment, health promotion and wellness across lifespan. The role of the nurse is emphasized. This class may include students from multiple sections.

Prerequisites

Nursing Program Admittance

Course Outcomes

- Identify nutritional concepts in the context of health and wellness across the lifespan.

- Discuss nutrition-related health promotion topics with a focus on wellness.

- Identify the influence of ethnicity, culture and spiritual/religious beliefs on food choice.