



Degree Guide:

Kinesiology Emphasis, Associate in Arts Direct Transfer Agreement (AA-DTA)

Program

[Biology \(BIOL/BIOL&\)](#)

Degree Type

Transfer Degree-Emphasis

Overview

Complete your [Associate in Arts Degree, Direct Transfer Agreement \(AA-DTA\)](#) with an emphasis in Kinesiology in preparation for transferring to a four-year university.

Sample Schedule

This Sample Schedule is provided as a guide for a full-time student starting in fall quarter whose goal is to earn the Associate in Arts, Direct Transfer Agreement (AA-DTA). The courses are designed with the appropriate number of credits to meet degree requirements and are organized in a recommended sequence. Please consult an advisor to schedule courses and develop a personalized educational plan.

Your personal Educational Plan will vary based on many factors including:

- The quarter you begin
- How many classes/credits you plan to take in each quarter
- Your Math and English placement
- If you have credits you have already taken and plan to transfer them
- The college you are interested in transferring to
- If you start in our [Transitional Studies](#) program

Transfer and Degree Requirements

Students working toward their transfer degree typically take a variety of courses designed to fulfill the general requirements of most four-year colleges and universities. **Students intending to transfer to a four-year college for further study are encouraged to work closely with their advisor and transfer institution to explore the requirements of the college they wish to attend after Peninsula.** Most institutions have separate admission criteria, which may be based on grades, prerequisite coursework, test scores, and other considerations. Our Sample Schedule is designed to provide you with faculty recommended courses to complete your Associate in Arts, Direct Transfer Agreement (AA-DTA) degree with an emphasis in Kinesiology and is not a major ready pathway for every institution.

[Transfer Institution Information](#)

Students can continue their academic studies at Peninsula College in the [Bachelor of Applied Management degree \(BAS\)](#). Please contact the BAS advisor for additional information at BAS@pencol.edu.

Students must select credits from three [distribution lists](#): Natural Sciences, Social Sciences, and Humanities. A specific course may be credited toward no more than one distribution requirement. A minimum of fifteen credits in two separate subject areas must be selected from each list. For Natural Sciences, at least five credits must be a lab. For Humanities, no more than five credits can be a Humanities-Performance course and no more than five credits may be applied in world languages at the 100 level.

Program Outcomes



Program outcomes are listed on the [Area of Study webpage](#).

First Quarter

Meet with your advisor to talk about your long-term schedule, taking into account your transfer plans.

| Catalog # | Course Title | Credits |
|-----------|---------------------------------|---------|
| COLL 101 | College Success | 2-5 |
| ENGL& 101 | English Composition I | 5 |
| NUTR& 101 | Introduction to Human Nutrition | 5 |

Second Quarter

It's not too soon to explore transfer options. Make an appointment with a [transfer advisor](#).

| Catalog # | Course Title | Credits |
|-----------|------------------------------------|---------|
| CHEM& 121 | Introduction to Chemistry with Lab | 5 |
| ENGL& 102 | Composition II | 5 |
| MATH& 146 | Introduction to Stats | 5 |

Third Quarter

Check your educational plan to make sure you're on track to graduate.

| Catalog # | Course Title | Credits |
|-----------|---|---------|
| BIOL& 160 | General Biology with Lab, Cell Biology Emphasis | 5 |
| CMST& 220 | Public Speaking | 5 |
| PSYC& 100 | General Psychology | 5 |

Fourth Quarter

Meet with your educational and career planner to explore universities.

| Catalog # | Course Title | Credits |
|------------|---------------------------------------|---------|
| BIOL& 241 | Human Anatomy & Physiology I with Lab | 5 |
| Humanities | | 5 |
| SOC& 101 | Introduction to Sociology | 5 |



Fifth Quarter

Apply to graduate. You're just two quarters away...keep it up!

| Catalog # | Course Title | Credits |
|------------------|--|----------------|
| BIOL& 242 | Human Anatomy & Physiology II with Lab | 5 |
| FA 100 | Industrial First Aid | 1 |
| Humanities | | 5 |
| PSYC& 200 | Lifespan Psychology | 5 |

Sixth Quarter

You're almost done! Good luck on your final quarter!

| Catalog # | Course Title | Credits |
|----------------------|--|----------------|
| BIOL& 260 | Microbiology with Lab | 5 |
| CHEM& 131 | Intro to Organic/Biochemistry with Lab | 6 |
| Humanities | | 5 |
| Total Credits | | 92 |